THE LEADING EDGE...

New York Wing Leadership Encampment
Plattsburgh Air Force Base, New York
26, August 1991 PRIMIER ISSUE!!!

C/FO Benjamin J. Postle / Group Public Affairs Officer

Welcome to the 1991 New York Wing Leadership Encampment. On behalf of the Executive staff, I would like to convey one simple message: In C.A.P., as in life, you only gain after you have worked hard.

The next nine days will be very hectic and demanding.

Just put forth your best effort and you will not be let down.

Remember, if you do your best, you can never fail. If you desire to be the best, you can accomplish anything, whether or not your accomplishments are noticed. They will be noticed by you, and that is all that counts. You must set reasonable goals for yourself. If you are not satisfied with your performance in a certain area, practice and perfect that problem. A commitment to excellence is all you will need to navigate the rough waters ahead.

Keep in mind that everyone has a strong point in leadership and encampment procedures. Utilize those people and NEVER silence their opinions. Only with this essence of teamwork and cooperation will you and your flight succeed.

In conclusion, I would like to take the opportunity to inform you of how impressed I have been over the past few days. I feel that most of you have made an outstanding effort so far and the experience you have gained, so far, is showing already.

Always remember that it is teamwork that makes the world go round, without it you are lost.

Staff Works hard to prepare....

another loving commitment to excellence.
C/ FO Benjamin Postle / Group PAO

The cadet staff spent three full days preparing the barracks for the arravial of you, the cadets. We have moved over forty heavy pieces of furniature and several dozen pillows, lamps, mattresses, etc... Nevertheless we are very glad that you have finally arrived. All of the hard work and preparation was done for you. Without you, there would be no Leadership Encampment, and without you, we would not have staff positions to fill.

Keep in mind that we are here to help you in any way we can. This experience will be rewarding in many ways, but the only effective way to insure that is by maqking sure that no ideas are left unconsidered. The ball is in motion and it is up to you to keep it in motion, up to you to make this experience worthwhile for yourself.

MOVING TARGETS...

C/FO Paul M. Grant / GSSO / New Hampshire Wing

At the top of the list of dangers to cadets, along with mess hall food, irritable and hungry staff, and being suspended from a banking helicopter by a single piece of webbing; is a busy street combined with improper crossing proceedures. Within the last few days alone, three flights have been killed, run over by drivers who had absolutly no warning of crossing cadets. Cadets who get hit are a liability, causing damage to the driver's car, and more improtantly, causing great mourning among the cadets parents.

" Saftey is of Paramount Importance! " stresses Maj. Orr, Echo Flight TAC Officer. Remember saftey in whatever you do, and remind your fellow flight members if you see them doing something that is unsafe. If it means doing something slower, then do it! Especially shaving! I've noticed that cadets are rushing to get a shave, and slicing up their face in the process. Take it slow, especia;lly if you have not been shaving for long! It is far, far better than cutting yourself. Flight Commanders, please call for the road guards to go out well before the edge of the road. (10-20 paces)

Unfortunatly, in the time it took me to proof-read this article, four more flights have been flattened. Don't let this happen again.

" An ounce of prevention is worth a pound of cure," but in our case, "An ounce of prevention saves a pound of paperwork."

SLEEP DEPRIVATION... ...long class syndrome

C/FO Paul M. Grant / GSSO / New Hampshire Wing

We all know the feeling, you're sitting in class. You start to feel a little tired, then a little yawn escapes from you. From then on, it gets worse. Your head gets heavy, then you feel a need to stretch out. To take your mind off of your fatigue, you take a good look at your instructor. Suddenly, he blanks out of view, as your eyelids involuntarily close and your chin drops. You snap your head up, only to find all of the previous symptoms hit you at once. You yawn again, and find yourself nodding off and your eyes closing. This happens a few more times, until either someone elbows you, or you find yourself dreaming about something. Subconsciously, you realize what's happening, and you snap awake, usually to find your instructor or flight commander glaring at you. Sometimes you stay awake after that, but most often it happens again.

Don't feel alone, as you can see, it happens to everyone, flight members, flight staff, and occasionally you can catch a tired senior member drowsing off after pulling a long night. Sleep deprivation affects all of us, and there's no escaping it, unless you make an effort to solve the problem. The easiest way to do this, is to get a good nights sleep. But, sometimes that's not up to you, because you can't sleep in class, and sometimes you have to attend a meeting which keeps you up late. Short of becoming an amphetamine addict, you're helpless (unless you're like Lt. Postle who drinks three cups of coffee in the morning), but too much coffee can stunt your growth, and even worse, you can become addicted. So, the only legal answer is to get a good nights sleep. That means, finish your work detail fast, and take care of small details such as shining your shoes, or writing a letter, or arranging your uniform the night before so that it will be ready in the morning and there will be no rush, causing you to have a sloppy uniform. And the final suggestion, is to go to sleep ON TIME! That means, don't kid around with your roommates and stay up, though you shouldn't be. If you are in bed on time, not talking, and trying to go to sleep, you will be much more alert the next day. SO UTILIZE THE FULL EIGHT HOURS!!!

There is one area which I have not covered. That is, what to do when you start to doze in class. This is easy, as there are many possibilities. I have found if you have a canteen or water bottle, take a long drink. The extra movement and water you are consuming will wake you up temporarily. The next thing is to crack your knuckles or scratch your head vigorously.

Or, you can ask the cadet next to you to elbow or punch you, this too, will wake you up for a while. The last, and most effective is, if you are in the back, to stand up and move around a little and then sit down; and if you are in the front, ask the instructor permission to stand or go to the bathroom. Once there, do some jumping jacks, or arm swings to get the circulation going again. Of course, there are other ways to get some sleep. None of which I am able to disclose. But, after this encampment, and maybe another, you will learn these ways, or as they are called, "Tricks of the Trade". I'm getting tired, and that's about all I can think of, so I'm going to sleep.

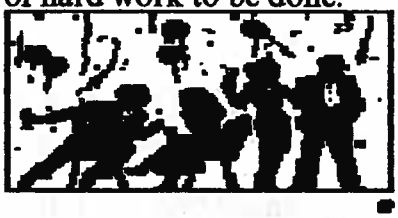
See you at reveille!!

Flying... C/amn J. Colon / Bravo Flight

Today I flew in a Civil Air Patrol Cessna Airplane. The ride was the greatest I've had, and I tell you, fellow cadets, I enjoyed every second of the flight.

Fun??? C/A1c M. Gruber / Bravo Flight

When I first heard of this encampment, I thought it would be alot of fun. Everyone was telling me how much fun they had at the encampment in previous years. When I got here I found out that it is not all fun, there is alot of hard work to be done.



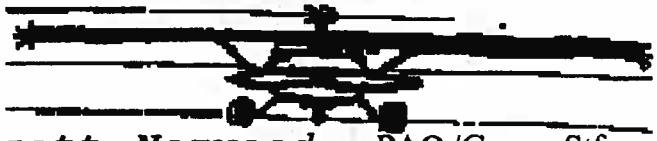
Progress from effort

C/2Lt C. Olsen / Bravo Flight Sergeant

Last year I ran track at my school. Throughout the first couple of weeks I decided that I would attempt the pole vault.

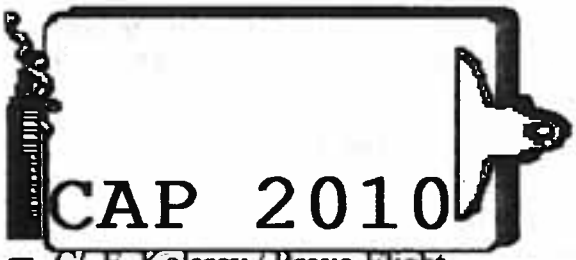
I had heard all of the horror stories about the sport. The only other vault was a senior, who was having many problems of his own, so I had to teach myself. The standard is seven feet, by the end of the season, I was up to eight feet, six inches. I also shaved enough time off my eight-hundred meter time to bring me down to two minutes, ninteen seconds.

With alot of very hard work, I was able to reach my goals. To apply the things that I have learned to the Encampment: everyone can attain excellence if you work as hard as you can to get your job done.



Scott Norwood PAO/Group Stf.

One of the flights wished for me to publish a few jokes about Scott Norwood, the Buffalo Bills kicker who missed a Super Bowl winning field goal by a foot. As a point of clarification, NO articles of a deragatory nature will be published. Use your talents in a more constructive manner.



C/ E. Kalergy / Bravo Flight

Plattsburgh, N.Y., Earth-- Congress passed public law number 23467 today, the law which enables the Civil Air Patrol to be used for S.&.D., search and destroy, missions on the battlefronts. With World War three in full swing, any added firepower will help to tip the scales in our direction.

Cadets, flying the new XZ-411 "Super Phantom", attacked unexpecting martian troops in sectors FG-69 and FH-137.

Maj. Gen. Richard Adler was on the attack force and this is his account:

" The martians were everywhere, so we used several types of classified weapons to vaporize them," Adler recalls, " we went in cloaked so we were invisible to all forms of detection."

As the pilots completed the mission of obliterating the troops, several witnessed the battle cry: "Swordsmen!"

CAVES STAN ET EVAL

(Beware of Stan/Eval)

C/B Sowon Huh / Alpha Flight

THE FEELING...

C/A Keith Embree / Foxtrot Flight

At Plattsburgh '91 the feeling is like basic traning, the atmosphere is very militaristic. The first day, when I arrived, I thought it would be hell. And to some extent, the first few days, I was right, but now I think it's great. My Flight Commander is strict, but personally I think it is needed to keep the flight in line.

I know my Flight Sergeant from my home squadron, so that made it a little eaiser to adjust. I hear it is going to get more difficult, so I am just going to wait and see. So far it is just wonderful.

First Timers...

C/A1C Kent Tse / Bravo Flight

This is my first time at Plattsburgh, like many of you, and I'm sure many of you will probably agree that it is tough. After attending Camp Smith '91 and applying for Plattsburgh, my friends told me that it was nothing like Smith. In fact, they told me it was a alot harder than smith.

At first, I had my doubts about coming, but I changed my mind, for the better. I had doubts because I did'nt much like the idea of PT at five hundred hours, and the inspections on a regular basis is right up there with liver. But now that I am here I see the reason for all of the dicipline and hard work.

It builds self-confidence, self-dicipline, self-motivation, and initiative. I feel that these are qualities I (and I'm sure all of you) wish to acquire before returning to your home squadrons. Good luck to all.

SQUADRON I:

C/SSgt Diane Emerton

Alpha Flt. Sgt.

Finding the killer dust
bunny under the bed,
Is not as important as
finding your teammate is'nt
a team member. the
motivation is in the closet-
Where that cadet keeps
their pride, and leadership.
Help the cadets to find
their pride and motivation-
And that's where you will
find- the dedication!

——————Alpha Flt.

Plattsburgh encampment
gives the test, so all cadets
must do their best.
Plattsburgh's where you'll
learn it all, so march on
and stand tall.

——————Alpha Flt.

Here we are
at Plattsburgh base,
grab your blue book
hide your face.

Read the book
and know it too,
inspections' coming
it may be you.

Know your drill
and you will see,
It's all team effort
and not just "ME".

THE FIRST DAY

C/Tsgt Nathan Hannon

——————Foxtrot Flt.

On the first day I did'nt know if I would like the Encampment, things were quite stricter than at my home squadron. To complicate the matter, I had heard horror stories of the encampment. These stories made me nervous, now I really like it and I wish it would never end.

SUCCESS

IS

NOT BEING THE BEST

BUT DOING YOUR BEST

(Plus a Little Bit Extra)

"EVERY ACTION

YOU TAKE

IS AN EXPRESSION

OF THE CHOICE YOU HAVE MADE

ABOUT THE EFFECT

YOU WANT TO HAVE

ON THE WORLD."

Constance Dembrowsky

PRINCIPLES OF PERSONAL POWER

1. All human beings are capable of growing and changing their behavior.

2. You are the only one who can produce growth or change in attitudes and behavior within yourself.

3. You have the POWER to produce any growth or change in behavior in yourself that you want.

4. You can NOT make anyone else grow or change their behavior.

5. You CAN facilitate and support the growth or behavioral changes another chooses through your relationship with them.

I DO MAKE A DIFFERENCE

If I live by my principles, I will be a winner in life through thick and thin. I am responsible for what I get in good times and in evil circumstances. What I do every day in this world does indeed make a difference.

How much sense will that paragraph make if "I" lies down on the job and leaves the work to the other vowels?

Ef o Lave by my pruncuples, e wull be a wonner en lefe through thuck and thun. E am responsoble for what y get un good tames and yn evol carcumstances. What e do every day un thas world does ondeed make a dufference.

C/FO Egan standardizes the Official encampment BDU uniform pose with C/2Lt Lansley

"Oh NO! Lt. Elkthunder is coming!!!"

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Fully Supported by Senior Staff

"Capt. LOOOOPEZ!!!!!!!"